

NORWALK *Living Weekly*

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A BIG GREEN UMBRELLA MEDIA PUBLICATION

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SEEN IN NORWALK



MORE
PHOTOS
INSIDE

The RUNorwalk Race Against Hunger was held May 7.

NORWALK WEATHER FORECAST

THURSDAY HIGH 80 | LOW 61
Some sun, then clouds



FRIDAY HIGH 78 | LOW 61
Times of clouds and sun



SATURDAY HIGH 84 | LOW 66
Nice with clouds and sun



SUNDAY HIGH 83 | LOW 68
A severe afternoon t-storm



MONDAY HIGH 94 | LOW 75
A t-storm in the a.m.



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FROM THE PUBLISHER

WIND & FIRE

Jolene and I have a daughter, Sara, who lives in California, a state known for beaches, surfing, sunshine, celebrities and, unfortunately, forest fires.

In her early months there, we were trading phone calls of concern about nearby fires that were seemingly a stone's throw from her apartment. As an Iowa transplant, Sara was terrified. Her California-native neighbors were not concerned. That sounded crazy to me until a friend pointed out that Californians' views on fires are no different than ours on tornadoes. Point taken.

As a child, I recall going in our front yard when a storm was brewing, looking to the sky and stretching my arms out to see if the wind would move me — until Mom would yell at me to get my you-know-what in the house. Then I would stare out the windows and watch the lightning flash and listen to the thunder pound. Eddie Rabbit wasn't the only one who loved a

rainy night.

A tornado, though, is a different breed of storm.

On June 28, 1979, an F3 tore through our neighborhood in my hometown of Algona. This 10-year-old was home alone and shivering under the pool table in our basement while listening to our trees uproot and every window in our home shatter. We were fortunate. Just a couple blocks away, homes were leveled.

These were the days before cell phones, and my mother was north of town at an auction. My brother was at a friend's home. My stepfather was a fireman and was at their monthly meeting. Mom frantically called me three times from a phone at the auction house, demanding that I go to the neighbor's home. I didn't. As a parent now, I can't imagine the



anxiety she felt while driving through and dodging the debris to get back to our home to see if her family was OK. I was reminded of this while watching those California fires on the national news and trading calls and messages with Sara.

Wind and fire are not just two-thirds of an American band known for its kalimba sound and dynamic horn section. They are a reality in much of America. Most of us don't take them as seriously as we should, until Mother Nature slaps us in the face. With the season upon us, we are reminded of how swift and significant these storms can be.

Have a great week, and thanks for reading. ■

Shane Goodman

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FUNERAL NOTICE

Funeral notices can be emailed to tammy@iowalivingmagazines.com and run for free.

TIMOTHY JOHN KALVIG

Timothy John Kalvig, 60, died May 31, 2022, at Iowa Methodist Medical Center in Des Moines. Tim was born in Des Moines to Elmer and Iola (Berkeland) Kalvig. He graduated from East High School in 1980, attended DMACC and received his master's degree from Phoenix University. Tim worked at Norwest Bank, Nationwide Insurance and, most recently, at Wells Fargo.



The Jaycee organizations changed Tim's life. He was most proud of his positions as president of Des Moines Jaycees, JCI Iowa, and Iowa JCI Senate. He served as vice president of US JCI Senate of Region 6. Tim also served as Iowa Senate advisor and second advisor for Region 6 Senate.

Tim is survived by the love of his life, Teri Wilson; step-children, Carmon (Marcie) Wilson and Summer (Tony) Laurent; five step-grandchildren; three siblings; parents-in-law; two siblings-in-law; and many nieces and nephews. He was preceded in death by his parents and his brother, Larry.

Services were held Monday, June 6 at Prince of Peace Lutheran Church. Contributions may be made to the Foundation for Iowa Jaycee Charities or US JCI Senate Foundation. Online condolences are welcomed at [IlesCares.com](https://www.ilescares.com). ■

COFFEE & CHAT

The public is invited to the weekly Coffee & Chat at the Library Meeting Room on Fridays from 10-11 a.m. This free, drop-in event is geared for adults, but all library visitors are welcome to attend. Coffee & Chat is a safe, welcome space for members of the community to connect with others while enjoying a hot beverage. This program was designed with these visitors in mind: new Norwalk residents, a seniors social hour, new/growing Norwalk businesses, parents and caregivers, English language learners, and any individual of any age seeking connection.

A variety of beverages will be served, including coffee, hot tea and seasonal options of hot cocoa or cider, purchased locally. Stay for a few minutes, the whole hour, or until the coffee gets cold — while supplies last. The library will also have on hand adult coloring, brain games, cards and board games, and brochures/handouts of local businesses and organizations. ■

NHS SPORTS SCHEDULES

Thursday, June 9

- 10 a.m. **Baseball:** 9th Grade Double Header vs. Creston Community
- 10 a.m. **Softball:** JV 2 Double Header vs. Valley
- 3:30 p.m. **Baseball:** JV @ Des Moines East
- 5:30 p.m. **Baseball:** Varsity @ Des Moines East

Friday, June 10

- 1 p.m. **Softball:** JV 2 Double Header vs. Dallas Center-Grimes
- 4 p.m. **Softball:** JV 1 vs. Dallas Center-Grimes
- 5:30 p.m. **Baseball:** Varsity Double Header vs. Dallas Center-Grimes
- 5:30 p.m. **Softball:** Varsity Double Header vs. Dallas Center-Grimes

Monday, June 13

- 10 a.m. **Baseball:** 9th Grade Double Header vs. Indianola
- 4 p.m. **Softball:** JV 2 @ Indianola
- 5:30 p.m. **Baseball:** JV @ Indianola
- 5:30 p.m. **Softball:** JV 1 @ Indianola
- 7 p.m. **Softball:** Varsity @ Indianola
- 7:30 p.m. **Baseball:** Varsity @ Indianola

JOKE OF THE WEEK



*What's the best smelling insect?
A deodor-ant!*

SEEN IN NORWALK

THE RUNORWALK RACE AGAINST HUNGER WAS HELD MAY 7.



Corbin Oswald finished in first place



Konnie Duncan and Duke



Dani McManus and Arlo



Von Breise and Melody Johnson



Brad Earp



Ethan, Levi and Jess Farquhar



EMPLOYERS: ARE YOU LOOKING FOR AN EASIER WAY TO LIST YOUR CURRENT JOB OPENINGS?

SUBMIT YOUR JOB LISTING ON CITYVIEW'S FREE JOB BOARD!

IowaBusinessJournals.com/job-board



- Find local candidates.
- Easily submit your job listings online.

COMING UP AT THE DES MOINES METRO OPERA

The Des Moines Metro Opera's 50th summer season will include four productions, beginning with "Porgy and Bess" featuring Simon Estes as Lawyer Frazier and a cast of more than 60 of today's most remarkable Black operatic talent. This will be followed by "A Midsummer Night's Dream," featuring John Holiday of NBC's "The Voice." Then, "A Thousand Acres" will make its debut, based on the 1991 Pulitzer Prize winning novel by Jane Smiley. Finally, DMMO will perform the new opera "American Apollo." Performances are at Blank Performing Arts Center, 513 N. D St., Indianola. Details can be found at dmmo.org. The schedule is:

- **July 1, 3, 8, 14, 16, 21, 24:** "Porgy and Bess"
- **July 2, 10, 15, 23:** "A Midsummer Night's Dream"
- **July 9, 13, 17, 19, 22:** "A Thousand Acres"
- **July 20, 21, 23:** "American Apollo" ■

FRIDAY NIGHT LIVE CONCERTS IN INDIANOLA

Mark your calendars now for the Friday Night Live Summer Concerts at Memorial Park, 602 N. G St., Indianola. You'll want to grab your family and friends and enjoy live music while your kids are entertained by the park facilities. Gates open at 6 p.m. A band plays 7-9:30 p.m. Beverage garden and food vendors will be available. Cost is \$5 for adults and children 11 and older. Children 10 and younger are admitted for free. For more information, visit IndianolaChamber.com. Bands are:

- **June 10:** Train Wreck
- **June 24:** Past Vertical
- **July 8:** Final Mix ■

WE WILL RUN YOUR NORWALK NEWS ITEMS FOR FREE.

Email your news and events by Tuesday at 5 p.m. to: tammy@iowalivingmagazines.com or call 515-953-4822, ext. 302

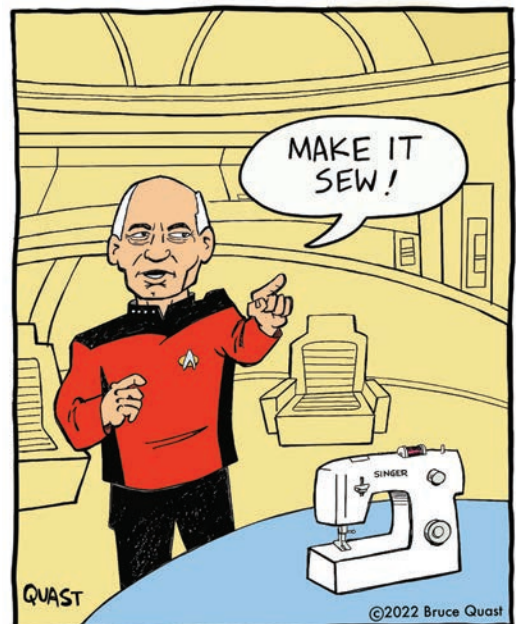
Comfortably Dumb

by Bruce Quast



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"Years after you are gone, your name will live on as pastry and winter underwear"



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EVENTS IN THE AREA

EMAIL YOUR EVENT INFORMATION TO
TAMMY@IOWALIVINGMAGAZINES.COM**ON STAGE****ACTORS, INC. - AMES COMMUNITY THEATER**

120 Abraham Drive, Ames

actorsinc.org

June 9-11, 17-18, 24-26: "Legally Blonde"

CLASS ACT PRODUCTIONS

201 First Ave. S., Altoona

captheatre.org

June 3-5, 10-12: "Into the Woods Jr."

DES MOINES PERFORMING ARTS

Des Moines Civic
Center, Cowles
Commons, Stoner
Theater, 221 Walnut
St., Des Moines

June 9-12: "Pieces of
My Heart" choreopoem
in partnership with
choreographer Sonia
Dawkins at the Stoner
Theater

June 10-12:

"Riverdance" at the Des Moines Civic Center

**DES MOINES PLAYHOUSE**

831 42nd St., Des Moines

dmplayhouse.com

June 19 - July 2: "Buffalo Women: A Black Cowgirl
Musical Dramedy" co-produced by Pyramid Theatre
Company and The Playhouse

TALLGRASS THEATRE COMPANY

2019 Grand Ave., Suite 100, West Des Moines

tallgrasstheatre.org

June 16-18: Summer Concert Series "Into the
Woods" at Jamie Hurd Amphitheater, 4100 Mills Civic
Parkway, West Des Moines

CONCERTS**JASPER WINERY SUMMER CONCERT SERIES**

Thursdays, 6-9 p.m.

Jasper Winery, 2400

George Flagg Parkway,
Des Moines

Enjoy drinks, food trucks
and free entertainment.

Guests may bring their own
food and are encouraged to
bring lawn chairs and blankets. Visit jasperwinery.com for details.



- June 9: Pianopalooza Band
- June 16: The Maytags
- June 23: Damon Dotson Band
- June 30: The Nadas
- July 7: Dueling Guitars featuring Brian and Brad
- July 14: Dirty Rotten Scoundrels
- July 21: Brazilian 2wins
- July 28: Dazy Head Mazy
- Aug. 4: Final Mix

MUSIC UNDER THE STARS

June 12, 19, 26, July 3 and 10, 7-8:30 p.m.

West Capitol Mall (rain location is Drake Fine
Arts Center)

Every summer since 1947, Music Under the Stars
has entertained central Iowans of all ages with free
band concerts on Sunday evenings in the shadow of
the Capitol. This season marks the 75th anniversary
of the concerts. Admission is free. Featured guests
are: June 12, vocalist Jackie Schmillen; June 19,
vocalist Scott Smith; June 26, vocalist Max Wellman;
July 3, vocalist Gina Gedler; July 10, vocalist Tina
Haase-Findlay. For more information, visit www.musicunderthestars.org. ■

RECIPE

SAVOR THE FLAVORS OF SUMMER

(Family Features) Bringing your family together for a meal that tastes like summer is what the season is all about. If you're spending an evening firing up the grill, flipping on the oven, forming a homemade salad or anything in-between, the time spent together enjoying warm weather flavors is what everyone truly craves.

Your next backyard meal can start with a flavor infusion from Newman's Own Garlic Vinaigrette & Marinade, a versatile option that can be tossed with salads or added to proteins before cooking. Made with premium ingredients and a special blend of herbs and spices, it sets itself apart by mixing garlic into the dressing in four different forms – minced, powder, granulated and chopped – to deliver a delightfully bold and zesty flavor with every bite.

If hot weather means lighter fare is on the menu, this Mediterranean Orzo Salad can be ready in mere minutes. Just toss together a handful of tantalizing ingredients for a simple bite of summer that's perfect as a meatless meal or al fresco side dish. Or you can turn it into a quick weeknight dinner by adding cooked chicken, shrimp or a protein of your choice. ■



MEDITERRANEAN ORZO SALAD

Servings: 4

- 2 cups cooked orzo
- 2 mini cucumbers, thinly sliced
- 3/4 cup cherry tomatoes, quartered
- 1/2 cup canned chickpeas, drained and rinsed
- 1/2 cup arugula
- 1/4 cup pitted Kalamata and green olives, cut in half
- 1/4 cup crumbled feta cheese
- 1/3 cup Newman's Own Garlic Vinaigrette & Marinade, plus additional for serving (optional)

In large bowl, combine orzo, cucumbers, tomatoes, chickpeas, arugula, olives and feta cheese. Toss with vinaigrette.

Serve with additional vinaigrette, if desired.

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FOR THE LOVE OF NORWALK 5K WALK & RUN

Fellowship Community Church, 225 North Ave., Norwalk, will be hosting For The Love Of Norwalk 5K Walk & Run on Saturday, June 25. All members of the community are invited to join in this family-friendly event. The 5K will start and finish on the grounds of Fellowship and participants are welcome to run or walk along the route. Along with the 5K Run & Walk, there will be a shorter Kids Run for children ages 10 and younger. Following the 5K, there will be a free Kids Fun Zone with inflatables and games, in addition to a food and vendor fair with many local vendors and businesses. Registration is now open. The fee includes race entry, a T-shirt and a medal. The Kids Run registration fee includes their race entry and a T-shirt. Proceeds go to the Love Norwalk fund, which is used to assist members of the Norwalk community who are in need. For more information, including online registration, visit www.fellowshipnorwalk.org/5K or call 515-981-0699. ■

INDIANOLA CLASSIC CAR & TRUCK SHOW AND SHINE

Car show season is beginning, and you won't want to miss the 11th annual Indianola Classic Car & Truck Show and Shine on June 25, 4-7 p.m., at the TruBank parking lot, 1901 W. Second Ave., Indianola. There will be music, homemade food, pop/water, Kids' Pick, Wife's Pick, door prizes and 50/50 drawings. There is no entry fee. Proceeds go to St. Jude's Children's Hospital. The event will also be held July 23, Aug. 27 and Sept. 24. ■

MINIATURE ONE-ROOM SCHOOLHOUSE ON DISPLAY

Mt. Hope is exhibiting a one-room schoolhouse miniature every Sunday in June from noon to 4 p.m. The miniature is the work of Kim O'Brien of Clive, and the exhibit is being curated by a local chapter of Questers — an organization dedicated to preservation, restoration and education. Admission is free, with donations to Mt. Hope preservation efforts appreciated. Mt. Hope is among the buildings at the Warren County Historical Village, 1300 W 2nd Ave., Indianola. ■

CLASSIFIED ADS

ENGLISH BULLDOG PUPPY: Ready for new home. Up to date on shots and gets along with other pets. Contact mercymax350@gmail.com.

LAWN TRACTOR: Troy-Bilt Twin Bagger, 42-inch deck, 18 HP Twin Briggs and Stratton engine. \$400.00. Call 515-360-0931.

BICYCLES WANTED: Any age or condition for parts or repair. Phone 515-238-3343.

YORKIE PUPPY FOR ADOPTION: Contact: janicepre880@gmail.com.

GENERATOR TECHNICAL SERVICES: Generator & Transfer Switch maintenance, repairs, testing and inspection. Local & Veteran owned. 515-214-7636.

LOOKING TO BUY: Vinyl Records. Will pay cash for your 60s, 70s and 80s rock as well as jazz and blues. Please call Brian at 515-326-5033.

WANTED: Broken appliances & A.C.'s, 10 years old & under, repair hopefuls. Call 515-238-3343.

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LIST 50 WORDS OR LESS FOR FREE.



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HIRING
SUMMER
HELP!**