

# ADEL Living Weekly

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## CITIZEN OF THE YEAR

Carole Schlapkohl was named the Adel Partners Chamber of Commerce Citizen of the Year at the annual Adel Partners Chamber Dinner on April 25 at Country Lane Lodge.

Schlapkohl has been a steadfast presence in the community, always ready to lend a helping hand wherever it is needed. She came to Adel in 1979 and began her career as a teacher and a coach. She went on to become the curriculum director and administrator for ADM. She taught in the district for 33 years.

Over the years, you could find Carole behind the table at volleyball games, track and cross country meets working the scoreboard and taking tickets. She also has volunteered at regional and state golf tournaments. To this day, Carole takes many children out to the golf course to teach and coach young children to enjoy the sport.

She is a board member for the ADM Scholarship Foundation. She



Carole Schlapkohl was honored as The Citizen of the Year by the Adel Partners Chamber of Commerce.

works tirelessly to track donations, send thank yous, and read the applications each year to ensure that senior students are treated with equality and respect.

She volunteered for the ALS Foundation and has raised money to support research to find a cure. She could be found mowing yards, picking up leaves, washing windows

and planting flowers for those patients and families affected by ALS. This is a cause that Carole holds especially near to her heart. Currently, Carole collects Cans for Cancer and delivers the cans to Washington, Iowa. She is an active

**CITIZEN, CONTINUED ON BACK**

### ADEL WEATHER FORECAST

**FRIDAY HIGH 73 | LOW 52**  
Sunny most of the day



**SATURDAY HIGH 63 | LOW 45**  
Mostly cloudy, breezy and cool



**SUNDAY HIGH 73 | LOW 55**  
Partly sunny; pleasant and warm



**MONDAY HIGH 75 | LOW 57**  
Cloudy and very windy



**TUESDAY HIGH 75 | LOW 55**  
Thunderstorms in some areas



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FROM THE PUBLISHER

# I LOVE HIGH-TECH... WHEN IT WORKS

I marvel at today's technological advances. Who would have imagined that Al Gore could have invented this thing called the Internet? And only Dick Tracy could have thought we would have phones on our wrist watches. Mark my word, our cars will be flying soon. Meet George Jetson.

I love the high-tech stuff... when it works. When it doesn't work, I crave for simpler times. Here are a few cases in point.

I was at an airport restroom recently and was attempting to wash my hands, feverishly waving them under the automatic water dispenser to no avail. So, I moved over to the next sink, and that faucet worked. Then I tried to get some soap from the automatic soap dispenser above the sink. It didn't work, so I moved over to the next sink. Mission accomplished, and I chuckled to myself as I watched a line of people behind me do the exact same process. Then I wiped my wet hands on my pants because

the automatic paper towel dispenser didn't work.

Remember the days at the gas station before the pay-at-the-pump option? Not full service, mind you, but rather the process of filling up your tank, going inside and making your payment, hoping the attendant didn't charge you \$10.03 because all you had was a \$10 bill. Now we insert our card at the pump, patiently wade through 13 "press here" options, fill up our tank and then receive a message to go inside for the receipt. Ugh.

I was absolutely amazed the first time I used GPS. It was a few decades ago, and I was renting a car equipped with it, telling me where I was, where to turn and what the shortest route was. I continue to love this feature, until the GPS takes me to the wrong place due to maps apparently not being updated. Of course, an outdated Rand McNally



would not be current either, but the expectation is that modern technology will work as it should.

Today, most all of us are intrigued by artificial intelligence, or AI. Prior to us knowing much about this (even though it has been used for years), we were already struggling to sort through news stories to determine which ones were factual. The floodgate is now open, and we are all going to become even more skeptical of what we read, watch and hear. The solution seems simple: hold the tech companies to the same libel and slander standards (and penalties) that traditional media has to deal with. Don't hold your breath.

Meanwhile, be patient while you wash your hands.

Have a great week, and thanks for reading. ■

Shane Goodman  
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ADEL  
*Living Weekly*

A publication of Big Green Umbrella Media, Inc.  
8101 Birchwood Court, Suite, D, Johnston, IA 50131  
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## FUNERAL NOTICE

Funeral notices can be emailed to [tammy@iowalivingmagazines.com](mailto:tammy@iowalivingmagazines.com)

### JOYCE DUNBAR

Helen "Joyce" Dunbar, 90, of Earlham, died Sunday, April 28, 2024, at Community Care Center in Stuart. She was born Dec. 12, 1933, and graduated from De Soto High School in 1951. On Oct. 24, 1951, she married Darrell A. Dunbar in Fort Smith, Arkansas. They made their home in rural Adel and had five children: Nancy, Mike, Loren, Glenda and Susan. Joyce and Darrell shared 60 loving years together.



Joyce was a homemaker. She enjoyed her soap operas, playing solitaire, reading and playing games, especially with friends and family. She enjoyed crocheting, knitting and sewing, making many gifts, dance costumes, quilts and wedding dresses over the years. Over the years, she decorated countless birthday cakes and wedding cakes. She was named grand champion for a wedding cake she decorated.

She was a member of the De Soto United Methodist Church where she served in many roles for the United Methodist Women (UMW). She became a well known candy and noodle maker for the UMW's annual fundraisers.

Joyce was preceded in death by her parents; her seven siblings; her husband, Darrell; her son, Mike; and her granddaughter, Jennifer Sly (Heaberlin). She is survived by her children, Nancy (Chris) Jensen, Loren Dunbar, Glenda (David) Heaberlin, and Susan (Tom) Jenkins; her 12 grandchildren, 34 great grandchildren, and four great, great grandchildren and many extended family members and friends.

A visitation for Joyce will be held from 10-11 a.m. on Friday, May 3, at Caldwell Parrish Funeral Home Adel Chapel, with a service beginning at 11 a.m. Burial will follow at Oakland Cemetery in De Soto. Memorial contributions are encouraged to De Soto United Methodist Church. Online condolences can be made to the family at [caldwellparrish.com](http://caldwellparrish.com). ■

## ADM SPORTS SCHEDULE

### Monday, May 6

- 9 a.m. **Golf:** Girls Varsity Conference @ Coldwater Golf Course
- 9 a.m. **Golf:** Boys Varsity Conference @ Ballard Golf & Country Club, Huxley
- 4:30 p.m. **Soccer:** Girls JV2 vs. Dallas Center/Grimes
- 5:30 p.m. **Soccer:** Girls JV vs. Dallas Center/Grimes
- 7 p.m. **Soccer:** Girls Varsity vs. Dallas Center/Grimes

### Tuesday, May 7

- 4 p.m. **Esports:** Varsity State Playoff vs. TBA
- 5:30 p.m. **Soccer:** Girls Varsity vs. Ballard
- 7 p.m. **Soccer:** Boys JV @ Ballard
- 7:15 p.m. **Soccer:** Girls JV vs. Ballard

### Wednesday, May 8

- 10 a.m. **Golf:** Boys Varsity Sectionals @ Whispering Woods



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## ANNUAL SAFETY BIKE RODEO

The fifth annual Safety Bike Rodeo will be held Saturday, May 4, 9-11 a.m., at Adel City Hall parking lot, 301 S. 10th St. It includes free bike and helmet inspections and bike rodeo course for kids 5-12. This is a come-and-go event. Free giveaways and a drawing for bikes, helmets and other prizes will be held. Kids must register but need not be present to win. The event is sponsored by the Rotary Club of Adel and the Adel Police Department. If the child does not have a bike helmet, a loaner helmet will be available. Adults may also bring their bikes and helmets for inspection. Children completing the safety course will receive a certificate, bike safety information, a Rotary flyer, an icee and a bottle of water. Other activities at the Safety Bike Rodeo include tours of a police car and a fire engine and the opportunity to visit with an Adel police officer and Adel firefighters. In addition, the Raccoon River Valley Trail is nearby for riding or walking. For more information, contact Shirley McAdon at 515-993-4862. ■

## ADEL LIONS ASSIST WITH HAZARDOUS WASTE COLLECTION

For 26 years, the Adel Lions Club has assisted the Metro Waste Authority in collecting household hazardous materials from area residents. The HHM event has been hosted by the South Dallas County Landfill, but volunteers from the Adel Lions Club have helped the event run smoothly by checking in participants, unloading the materials, and sorting the materials into collection bins. Many Adel Lions have volunteered for these events since the beginning and are valued for their knowledge and efficiency. At Kinnick Feller Park on April 20, a collection of 3,431.6 pounds of chemicals, waste oil and other materials was received from 95 participants. Organizers thank the Lions for their help. ■

## NEEDS LIST FOR VETERANS AT THE DES MOINES VA HOSPITAL

Since federal funds may not be used to purchase personal items for veterans at VA Hospitals, American Legion Auxiliary Units like Adel ALA Unit 464 step forward to collect clothing and other items needed by veterans in the Des Moines VA Hospital or in their domicile. Currently, the following are being requested: men's sweatpants/athletic pants (size S-XXL), men's sweatshirts (size S-XXXL), men's athletic shorts (size S-XXL), men's underwear (size S-L), shampoo, large-print books, individually wrapped snacks, and decaf ground coffee.

Donations can be dropped off at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up. ■

South Dallas County Landfill Agency

2000 MAIN STREET, ADEL • 993-3148

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# BUSINESS OF THE YEAR

Fiesta Mexican Restaurant was named Business of the Year at the Adel Partners Chamber of Commerce Dinner on April 25 at Country Lane Lodge.

“The business of the year goes above and beyond to not only deliver great customer service but also enhance the Adel business climate and truly improve the community as a whole,” said Dan Juffer in presenting the honor.

Antonio Berber and his partners took a risk in buying an old, dilapidated building in Adel. Instead of taking a simpler route of moving the business into the space, they purchased the building and completely renovated it, all while still managing three restaurant locations. A new kitchen was added, ceilings and windows were brought back to their original heights, mechanicals were updated, brick work was tuck pointed, walkways were improved, and



Adel Partners Chamber of Commerce Chair Cory Johnson, right, presents the Chamber Business of the Year award to Fiesta Mexican Restaurant.

modern safety enhancements were made. Not only was the dining and bar space beautifully redesigned and remodeled, but so were the second-floor apartments, keeping downtown living options available in Adel. Steps were taken to keep and enhance the unique character of the building, making it truly a

showpiece that the entire community can enjoy and be proud of.

Through it all, the staff of Fiesta Mexican Restaurant kept serving high-quality food and providing excellent customer service, drawing people from neighboring counties to the center of Adel, making them truly deserving of this award. ■

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## EVENTS IN THE AREA

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Lollipops &amp; Posies

**CENTRAL IOWA WIND ENSEMBLE  
PRESENTS 'LOLLIPOPS & POSIES'**

Sunday, May 5, 3 p.m.

Franklin Events Center, 4801 Franklin Ave., Des Moines

Step into a world of musical brilliance and artistic triumph with the Central Iowa Wind Ensemble's grand season finale concert, "Lollipops and Posies." Get ready to be mesmerized by an enchanting afternoon filled with captivating melodies, exhilarating performances, and a celebration of talent that will leave you in awe. The concert features the iconic band piece "Lincolnshire Posy" by Percy Grainger and a selection of familiar popular themes from movies and Broadway. Admission is free but tickets are required and are available at [www.ciwe.org](http://www.ciwe.org).

**ANKENY ART FESTIVAL**

May 11

Uptown Ankeny, Third Street and Walnut Street, Ankeny

[www.ankenyartcenter.org/artfestival2024](http://www.ankenyartcenter.org/artfestival2024)

Join the Ankeny Art Center for a fun-filled day of art, demonstrations, shopping, food, live music and more.

**MOTHER'S DAY BREAKFAST BUFFET  
AND BAKE SALE**

Sunday, May 12, 8 a.m. until noon

West Des Moines Elks Lodge, 2060 N.W. 94th St., Clive

Enjoy a delicious Mother's Day breakfast which includes biscuits and gravy, French toast, scrambled eggs, bacon, sausage patties, cheesy potatoes, and "all you can eat" pancakes (including blueberry and chocolate chip pancakes), orange juice, milk and coffee for \$10 — children younger than 10 \$5. Enjoy a bloody mary or mimosa for \$3.50. Proceeds support the Elks' Hoop Shoot Program, other youth activities and veteran activities.

**GREENBELT MUSIC FESTIVAL**

May 17-18

Horizon Events Center, 2100 N.W. 100th St., Clive  
[horizoneventscenter.com](http://horizoneventscenter.com)

This music festival returns to the Horizon Events Center with double-digit musical acts to fill your weekend, starting Friday at 3 p.m. and going till Saturday at 11 p.m. Kids 12 and younger enter for free.

**GARY'S RIDE: BEAT BRAIN CANCER**

Saturday, May 18, 10 a.m.

Rider check-in and pickup is 9-9:45 a.m.

Waukee Raccoon River Valley Trailhead, Hickman Road and N. 10th St., Waukee

Help support local brain cancer patients and their families by making a charitable contribution toward Gary's Ride's \$45,000 goal. Registration is now open for Gary's Ride. Adult riders registered by May 6 receive the 2024 T-shirt. Register at [www.garysrideiowa.org/shop](http://www.garysrideiowa.org/shop).

**VALLEY JUNCTION ARTS FESTIVAL**

May 19, 10 a.m. to 4 p.m.

100-200 Blocks of Fifth Street, West Des Moines  
[www.valleyjunction.com/valley-junction-events/valley-junction-arts-festival](http://www.valleyjunction.com/valley-junction-events/valley-junction-arts-festival)

Live entertainment, art activities and artists' demonstrations. Refreshments will be available from several food vendors on the street, and several Valley Junction stores will be open during the festival. ■

## RECIPE

# SWEET SOLUTIONS TO CELEBRATE CINCO DE MAYO

*(Family Features)* From fajitas and tacos to everything in between, fueling your Cinco de Mayo fiesta starts with delicious food that brings everyone to the table. Traditional dishes and new twists on classics can be equally satisfying whether you're feeding your nearest and dearest or hosting the entire neighborhood.

Start with these vegan apple and black bean fajitas for a plant-forward spin on a popular dish that features sauteed apples, peppers, zucchini, jicama, onion and jalapeno. The craveable texture and crunch of Envy Apples — a leading apple variety available at Whole Foods and other major grocery stores — shine both in the mixture of sauteed produce and sliced raw into sticks for a crunchy finish with added sweetness. Plus, their flesh remains whiter longer, even after slicing, so this dish looks as good as it tastes. ■

## VEGAN APPLE AND BLACK BEAN FAJITAS

### Ingredients:

- 1 bell pepper, sliced, seeds removed
- 1 zucchini, sliced
- 1 small jicama, sliced
- 3 Envy Apples, sliced
- 1 yellow onion, sliced
- 1 jalapeno, sliced, seeds removed
- 1 teaspoon garlic
- 1 teaspoon ground cumin
- 2 sprigs fresh oregano
- 1 teaspoon chili pepper (optional)
- salt, to taste (optional)
- pepper, to taste (optional)
- 1 cup cooked black beans
- 1 lime
- 3 sprigs fresh cilantro
- 4 small flour tortillas

### Directions

In skillet over high heat, saute



bell pepper, zucchini, jicama and half the apple slices. Set aside.

In same hot skillet, saute onions, jalapenos and garlic until lightly caramelized. Combine with sauteed apple mixture. Season with cumin and oregano. Add chili

powder and salt and pepper, to taste, if desired.

Add cooked black beans to saute mixture. Top with squeeze of lime. Garnish with cilantro and remaining raw apple slices.

Serve with tortillas.

# ACCESSIBILITY TOWN HALL MEETING

Robert Fisher of Adel will be hosting a town hall meeting to raise awareness about the importance of power-operated doors to make local businesses accessible. Rep. David Young, Sen. Sarah Trone-Garriot and a representative for Sen. Grassley will be in attendance at the event, to be held Monday, May 13, 4:30-5:30 p.m. at the Adel Public Library Community Room.

Fisher advocated for a power-operated door at the Adel Post Office, which was recently installed. Fisher says the doors are important for people in wheelchairs, parents carrying babies, people with arm weakness and others. "My motto is making the world a better place for people with disabilities," says Robert. "It's very important, and I am passionate about it."

The town hall will include information about power-operated doors and how they can benefit residents and businesses. Business owners are especially encouraged to attend. ■

## CITIZEN, FROM FRONT

member of the Backpack Group through the Good Samaritan Food Pantry. Each week, this group meets to pack Backpack meals for K-12 students who are food insecure on the weekends. She helps to pack these meals and deliver them to the schools.

Carole has volunteered numerous hours at AHeinz57 Pet Rescue as a driver to transport animals, fostering and going to retrieve animals. She is actively involved in Purpose Bound. This is an organization that brings local companies and citizens together to support local charities.

Through this organization, charities such as ADM Meadow View Book Vending Machine, No Foot Too Small, Single Parent Provision, Blue Kindness, Iowa Service Dogs, LD Strong, Average Everyday Miracles and many more have received thousands of dollars.

Over the years, Carole has served as a church council member at Grace Lutheran Church in Adel. In addition to providing this leadership for her church, she also volunteers at the Garden of Grace and running the sound system during worship.

Carole has made a profound difference in the community and in the lives of others. ■

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## CLASSIFIED ADS

**SUNGLASSES SALE:** Adel Vision Clinic is having a sunglass sale from May 1 to 10. Prescription sunglasses are 30% off and non-prescription are 20% off. A representative from Ray Ban will be in the clinic on May 3 from 1-4 p.m. with additional styles. Adel Vision Clinic is located at 813 Main St.

**FOR SALE:** Ladders - 14' fiberglass extension \$110, 16' fiberglass folding \$60, 9' Werner step \$60, also 16' scaffold \$110, 4 gallon buckets \$2 each, 2 lp bottles, Two 20# lp cylinders. Call 515-979-2601.

**FOR SALE:** Saris bike rack, holds 2 bikes, used twice, 3 years old, \$200. Call 515-249-7195.

**FOR SALE:** Palonis AC/dehumidifier/fan. This is a free-standing unit with remote. 110 volts with drain hose, exhaust pipe and window sliders. All parts, booklet and receipt included. Used only one season. Cost was \$300, asking \$250 O.B.O. Can be seen in Adel or I can text a pic. 515-339-8647.

**FOR SALE:** Used Toro 48" ZX time cutter riding lawn mower. Works fine. \$500. 515-314-9803 - leave a message.

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ADEL MAY 2024

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