

# ADEL *Living Weekly*



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## SPRING STUDENTS OF THE MONTH

The ADM Scholarship Foundation announces the Spring Students of the Month. Both March and April are included. All contributions from sponsors, corporations and the general public are invested, and the income earned is given out as scholarships to well-deserving students. All ADM graduates continuing their education after high school are eligible to apply to receive a scholarship.

The Spring Students of the Month as chosen by teachers and coaches are:

- **Student of the Month**, Raccoon Valley Bank, sponsor: March - Emma McDowell; April - Eliana Dohlman

- **Kiwanis**: February - Kenneth Steenhoek and Payton Meier; March - Owen Embree and Addison Kuonen; April - Aubrey Winter and Annika Watt

- **Fine Arts**, Lincoln Savings Bank, sponsor: March Speech: Payton Taylor and Ash Gabler; April Spring Play: Jeff Warner (onstage) and Noelle McDonald (backstage)

- **Boys Golf**, March: Lincoln Banwart, Adel Rotary Club; April: Carter Madison, Cullen Howe Real Estate-RE/MAX Precision

- **Girls Golf**, March: Celie Gardiner, Adel Family Dentistry; April: Delaney Kahler, Azalea Lane Boutique

- **Boys Soccer**, March: Mason Tollari, River Valley Insurance; April: Chase Simons, Cullen Howe Real



Adel Kiwanis members Paul Berkenbosch and Mark Hantsbarger honor ADM seniors Anika Watt and Aubrey Winter as Adel Kiwanis Students of the Month.

Estate-REMAX Precision

- **Girls Soccer**, March: Brooklyn Bailey, Adel HealthMart; April: Marissa Gerleman, Iowa Spring Manufacturing

- **Boys Track**, March: Kyler Chapman, Fareway; April: Brevin Doll, Adel TV and Appliance

- **Girls Track**, March: Aniston Tollari, Adel Vision

### STUDENTS, CONTINUED ON BACK

#### ADEL WEATHER FORECAST

**FRIDAY HIGH 69 | LOW 60**  
Cloudy; severe thunderstorms 

**SATURDAY HIGH 82 | LOW 62**  
Breezy; warm and mostly sunny 

**SUNDAY HIGH 74 | LOW 44**  
Mostly cloudy with a few showers 

**MONDAY HIGH 61 | LOW 47**  
Mostly cloudy; breezy and colder 

**TUESDAY HIGH 76 | LOW 55**  
Warmer with plenty of sun 



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FROM THE PUBLISHER

# WHO DEFINES COOLNESS FOR YOU?

The essence of cool. Some people have it. Most of us don't. Each of us may define coolness differently, but some similar and underlying traits seem to fit. Those who are the essence of cool are often quiet and show little emotion, only speaking when they have something meaningful to say. They don't openly argue, blast their opinions, or wear their politics on their sleeves. They are a bit mysterious, not putting themselves completely out there for others to judge.

Those who are the essence of cool treat others with kindness, but they don't do so to seek recognition. They are simple in the way they dress and don't see the need to obsess with the material things in life. And they don't have to try to be cool. They just are.

Here's my list of people in the public eye who are (or once were) the essence of cool.

**Lenny Kravitz** is a singer, songwriter, multi-instrumentalist,

producer and actor. And he defines cool not only in song but in film. Just like a dragonfly.

**Joan Jett** is a rock singer, guitarist, songwriter, record producer and actress. She doesn't need to put another dime in the jukebox, baby, but she can if she wants to.

**James Dean** was an actor with a career that lasted five years until his death. His roles typified teenage disillusionment and social estrangement of his time. This rebel had a cause. Still does.

**Elvis Presley** was the king of rock and roll. The hair. The snarl. The jumpsuits. The gyrations. He had it all. Until he didn't. But he redefined cool.

**John Wayne** starred in Western and war films that were produced during Hollywood's Golden Age. Born in Winterset, "the Duke" was tough-guy cool, partner.



**Clint Eastwood** rose to fame in 1960s spaghetti Westerns and in the "Dirty Harry" films of the 1970s. He has been called "an enduring cultural icon of masculinity." At 94, he is still cool.

Although they are not real people, and with all due respect to Lenny and Squiggy, the **Lone Ranger** and **Tonto** may have been the coolest duo on TV. "Hi yo, Silver, away!"

And no list of the essence of cool would be complete without another TV character, Arthur Fonzarelli, or as we know him, **the Fonzy**. Perfectamundo.

What ones did I miss? Send me a note and let me know.

Have a great week, and thanks for reading. ■



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## FUNERAL NOTICE

Funeral notices can be emailed to [tammy@iowalivingmagazines.com](mailto:tammy@iowalivingmagazines.com)

### MARY CAROL BEECH

Mary Carol Beech, 94, of Adel, died April 5, 2024, at Spurgeon Manor Nursing Home in Dallas Center. A visitation and service for Mary were held on Saturday, April 20, at Faith Lutheran Church in Adel. Burial followed at Oakdale Cemetery.

Mary was born in Perry on March 4, 1930. She graduated from Adel High School in 1948. Mary attended AIB in Des Moines; worked for Solar Aircraft in Des Moines; and, in 1958, she went to Denver, Colorado. She worked for Exxon Corporation (Carter Oil, Humble) for 32 years and was a legal assistant when she retired in 1990.

In 1967, Mary married Charlie in Denver where they worked and lived for 35 years. After retirement, they enjoyed golf and cruising and spending time with family and friends in several states. They spent several years in The Villages in Florida and winters in Arizona with Debbie, Kaylee and Rodney. In 2004, Mary and Charlie moved to Adel. Mary enjoyed her flower garden, the computer, reading, bridge and family and friends.

Mary is survived by her step-daughter, Debbie; her grandchildren, Kaylee and Rodney, Jr.; great grandson, Rodney III; brother-in-law, Mike (Mary Ann) Beech; many nieces and nephews; and wonderful friends. She was preceded in death by her special person and husband, Charlie Beech, her parents, and her siblings, Floyd, Margie and Paul (Helen).

Memorial contributions are suggested to WesleyLife Meals on Wheels and/or Spurgeon Manor Nursing Home. Online condolences can be made to the family at [caldwellparrish.com](http://caldwellparrish.com). ■



## ADM SPORTS SCHEDULE

### Friday, April 26

- 9 a.m. **Track:** Boys/Girls JV/Varsity Drake Relays @ Drake Stadium  
 4:45 p.m. **Soccer:** Boys JV2 vs. West Des Moines Valley

### Saturday, April 27

- 9 a.m. **Track:** Boys/Girls JV/Varsity Drake Relays @ Drake Stadium  
 10 a.m. **Soccer:** Boys Varsity Invitational @ Pella

### Monday, April 29

- 4 p.m. **Golf:** Boys Varsity vs. Bondurant-Farrar @ River Valley Golf Course  
 4:30 p.m. **Soccer:** Girls JV2 vs. Bondurant-Farrar  
 5:30 p.m. **Soccer:** Boys JV @ Bondurant-Farrar  
 5:45 p.m. **Soccer:** Girls JV vs. Bondurant-Farrar  
 7 p.m. **Soccer:** Boys Varsity @ Bondurant-Farrar  
 7:15 p.m. **Soccer:** Girls Varsity vs. Bondurant-Farrar



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## ADEL PUBLIC LIBRARY EVENTS

Register for programs at [adelpl.org](http://adelpl.org).

- **Mother's Day Storytime** with Miss Paula (3-7 years old) – May 8 at 4 p.m.
- **Homeschool Book Club (first grade and up)** – May 2 at 9:30 a.m.
- **Teen Advisory Board (grades 6-12)** – May 2 at 4 p.m.
- **Tail Wagging Readers (all ages)** – May 2 at 4:30 p.m.
- **Family Drop-in: Superhero Party** – May 4 from 9:30-11:30 a.m.
- **Library D&D (grades 7-12)** – May 17 at 1 p.m. Registration required.
- **Brown Bag Book Club** – May 9 at noon.
- **Evening Book Club** – May 30 at 6 p.m. ■

## ANNUAL SAFETY BIKE RODEO

The fifth annual Safety Bike Rodeo will be held Saturday, May 4, 9-11 a.m., at Adel City Hall parking lot, 301 S. 10th St. It includes free bike and helmet inspections and bike rodeo course for kids 5-12. This is a come-and-go event. Free giveaways and a drawing for bikes, helmets and other prizes will be held. Kids must register but need not be present to win. The event is sponsored by the Rotary Club of Adel and the Adel Police Department. If the child does not have a bike helmet, a loaner helmet will be available. Adults may also bring their bikes and helmets for inspection. Children completing the safety course will receive a certificate, bike safety information, a Rotary flyer, an icee and a bottle of water. Other activities at the Safety Bike Rodeo include tours of a police car and a fire engine and the opportunity to visit with an Adel police officer and Adel firefighters. In addition, the Raccoon River Valley Trail is nearby for riding or walking. For more information, contact Shirley McAdon at 515-993-4862. ■

## NEEDS LIST FOR VETERANS AT THE DES MOINES VA HOSPITAL

Since federal funds may not be used to purchase personal items for veterans at VA Hospitals, American Legion Auxiliary Units like Adel ALA Unit 464 step forward to collect clothing and other items needed by veterans in the Des Moines VA Hospital or in their domicile. Currently, the following are being requested: men's sweatpants/athletic pants (size S-XXL), men's sweatshirts (size S-XXXL), men's athletic shorts (size S-XXL), men's underwear (size S-L), shampoo, large-print books, individually wrapped snacks, and decaf ground coffee.

Donations can be dropped off at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up. ■

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## ADEL PARTNERS CHAMBER IS HIRING AN EXECUTIVE DIRECTOR/PRESIDENT

With the retirement of Deb Bengtson at the end of May, the Adel Partners Chamber is looking to hire an executive director/president. Primary areas of focus for the position are:

- Membership engagement and retention: The hire will be solely responsible for the growth and retention of Chamber membership and expected to develop effective strategies to ensure member engagement and satisfaction.
- Economic development: The hire will be expected to maintain a critical relationship with city and county leaders to ensure strategic growth. The person will be the connector for businesses and future growth.
- Events and programs. The executive director/president will be responsible for key event strategy and execution to support business and community vitality including for the Sweet Corn Festival. The person must develop and maintain valuable member-only programming to support member engagement and retention.

For further details, contact the chamber at 515-993-5472 or email [chamber@adelpartners.org](mailto:chamber@adelpartners.org). ■

## EVENTS AT THE BRENTON ARBORETUM

A variety of programs are planned at The Brenton Arboretum, 25141 260th St., Dallas Center. For more information or to register, visit [www.TheBrentonArboretum.org/events](http://www.TheBrentonArboretum.org/events).

- Wednesdays in May, 10-11 a.m., Nature's Healing.
- May 19, 1-4 p.m., Plein Air Art Festival.
- May 20, 10 a.m. to noon, homeschool field trip.
- May 30-31, Animal Odyssey camp. ■

## ADEL COMPANY CELEBRATING 25 YEARS

April 19 marks 25 years in business for BASE, a company that strives to provide the best service when it comes to employee benefit plan administration. BASE opened for business in 1999 in Urbandale and, in 2001, moved to Adel. BASE has grown from a small company with only one benefit product to now having a portfolio of products to meet benefit and compliance needs of employers across the United States, assisting business owners of varying sizes in dealing with the rising cost of health care, while also providing compliance services.

Company President Adam Harrington remarked: "I have personally witnessed the growth this company has experienced and am proud of the milestone we have achieved through the hard work and dedication of our staff and partners." ■

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## EVENTS IN THE AREA

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### BIG GROVE VINYL MARKET

May 5, noon to 4 p.m.

Big Grove Brewery, 555 17th St., Des Moines

[www.biggrove.com](http://www.biggrove.com)

Six vinyl record vendors will be on hand selling thousands of vinyl records, CDs and memorabilia with nearly all genres of music on display.

### ANKENY ART FESTIVAL

May 11

Uptown Ankeny,

Third Street and Walnut Street, Ankeny

[www.ankenyartcenter.org/artfestival2024](http://www.ankenyartcenter.org/artfestival2024)

Join the Ankeny Art Center for a fun-filled day of art, demonstrations, shopping, food, live music and more.

### VALLEY JUNCTION ARTS FESTIVAL

May 19, 10 a.m. to 4 p.m.

100-200 Blocks of Fifth Street, West Des Moines

[www.valleyjunction.com/valley-junction-events/valley-junction-arts-festival](http://www.valleyjunction.com/valley-junction-events/valley-junction-arts-festival)

Live entertainment, art activities and artists' demonstrations. Refreshments will be available from several food vendors on the street, and several Valley Junction stores will be open during the festival.

### DES MOINES PERFORMING ARTS

Des Moines Civic Center, Cowles Commons, Stoner Theater, 221 Walnut St., Des Moines

[www.dmpa.org](http://www.dmpa.org)

**May 18:** The Peking Acrobats

**May 19:** Josh Gates LIVE!

### GREENBELT MUSIC FESTIVAL

May 17-18

Horizon Events Center, 2100 N.W. 100th St., Clive

[horizoneventscenter.com](http://horizoneventscenter.com)

This music festival returns to the Horizon Events Center with double-digit musical acts to fill your weekend, starting Friday at 3 p.m. and going till Saturday at 11 p.m. Kids 12 and younger enter for free.



Des Moines Con

### DEMICON

May 3-5

Holiday Inn and Suites,

4800 Merle Hay Road, Urbandale

<https://demicon.org/35/>

Des Moines' longest-running science fiction and fantasy convention. With several special guests, authors, artists and an art show. For people specifically interested in cosplay, the formal masquerade competition is Saturday night from 8-10 p.m. An informal Hall Costume Contest will be held Friday from 9 p.m. to midnight.

### CELEBRASIAN

May 24-25

Western Gateway Park, 1205 Locust St, Des Moines

[www.iowaasianalliance.com](http://www.iowaasianalliance.com)

A weekend of Asian cuisine, music and entertainment. Vendors and performers will fill the area with an authentic celebration of Asian culture.

### DES MOINES CON

May 31-June 2

Hy-Vee Hall at Iowa Events Center,

730 Third St., Des Moines

A celebration of all things nerdy. From Marvel to Star Wars to LEGOs and around the universe and back, this con has you covered. ■

## RECIPE

# UNITE LOVED ONES WITH A LUSCIOUS DESSERT

*(Family Features)* Celebration-worthy treats are perfect ways to cap off days spent with those you love, whether there's a special occasion or you're simply looking for creative ways to share more moments together. As a beloved staple in American households for generations, pie provides a sweet, delicious way to bring family and friends to the table. ■

## TART CHERRY UNITY PIE

*Recipe courtesy of the U.S. Tart Cherry Industry*

**Prep time: 20 minutes**

**Cook time: 55 minutes**

**Servings: 8**

### Pie:

- 1 pie crust (9 inches)
- 2 cups canned tart cherry pie filling
- 2 cups canned apple pie filling
- 1 egg, beaten (for egg wash)

### Streusel:

- 1/2 cup all-purpose flour
- 1/4 cup brown sugar
- 2 tablespoons granulated sugar
- 1/3 cup pecans, roughly chopped
- 1 pinch salt
- 4 tablespoons butter, melted

### Pumpkin Spice Whipped Cream:

- 1 cup heavy cream
- 2 tablespoons powdered sugar
- 1/2 teaspoon pumpkin spice

### Directions

Preheat oven to 400 F.



Fit pie crust to 9-inch pie dish. Crimp edges and use fork to poke holes in bottom. Place pie crust in freezer to chill.

In large bowl, combine tart cherry pie filling and apple pie filling. Set aside.

To make streusel: In bowl, use fork to mix flour, brown sugar, granulated sugar, pecans and salt. Pour butter over dry ingredients and mix until ingredients come together in clumps.

To assemble pie: Pour cherry-apple filling into prepared pie crust and sprinkle streusel on top. Brush beaten egg onto exposed pie crust edges.

Bake 25 minutes. At 10-minute mark, cover pie dish with foil to prevent crust from over-browning.

After 25 minutes, lower oven temperature to 375 F and bake 30 minutes.

To make pumpkin spice whipped cream: In large bowl or bowl of stand mixer, add heavy cream, powdered sugar and pumpkin spice. Use hand mixer or beater attachment on stand mixer to beat on medium-high speed 3-5 minutes until stiff peaks form. Refrigerate whipped cream until ready to serve.

Let pie cool 2-3 hours then dollop pumpkin spice whipped cream on top, slice and serve.

Substitution: Storebought whipped cream topped with pumpkin spice can be used in place of homemade pumpkin spice whipped cream.

# THIRD MONDAY BINGO

Enjoy Bingo on Monday, May 20, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. Bring a dauber if you have one. They will also be for sale. ■

# WEDNESDAY NIGHT MEAL

The Adel United Methodist Church, 115 S. 10th St., is hosting a weekly Wednesday Night Meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome. ■

## STUDENTS, FROM FRONT

Clinic; April: Calli Seehase, Core Physical Therapy

The 2023-2024 scholarship recipients will be announced at this year's commencement exercises on Sunday, May 26. The winners of the Nile Kinnick Award, the Eric Cutler Award and the Stanley Norenberg Award will also be announced. The qualifications for these awards are based on leadership abilities, participation in athletics, fine arts or community service respectively.

More information regarding the ADM Scholarship Foundation may be found on the ADM Scholarship



Peyton Meier was honored as an Adel Kiwanis Student of the Month.

Foundation website or you may contact a board member listed on the site. ■

## CLASSIFIED ADS

**FOR SALE:** Ladders - 14' fiberglass extension \$110, 16' fiberglass folding \$60, 9' Werner step \$60, also 16' scaffold \$110, 4 gallon buckets \$2 each, 2 lp bottles, Two 20# lp cylinders. Call 515-979-2601.

**FOR SALE:** Palonis AC/dehumidifier/fan. This is a free-standing unit with remote. 110 volts with drain hose, exhaust pipe and window sliders. All parts, booklet and receipt included. Used only one season. Cost was \$300, asking \$250 O.B.O. Can be seen in Adel or I can text a pic.515-339-8647.

**FOR SALE:** Used Toro 48" ZX time cutter riding lawn mower. Works fine. \$500. 515-314-9803 - leave a message.

**HIRING:** Do you want to make a difference? Are you caring, creative and passionate about helping others? Optima LifeServices is hiring Service Coordinators, Direct Support Professionals and Job Coaches. Call 515-478-1189 or stop by 401 Visions Parkway, Suite A.

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