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february 2012

50501

Living

magazine

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Well-planned change can 'do you good'

Singer/songwriter Sheryl Crow may have been right in her song "A Change Would Do You Good" from her 1996 self-titled album. Change, when managed correctly, can be good, and that is exactly what is happening in Fort Dodge's economic development scene with the ongoing efforts of the Greater Fort Dodge Growth Alliance.

Yes, the Fort Dodge economy has certainly seen its share of change in 162 years. And although some of that change has been concerning, in the long term, it will prove to be for the best. Community leaders are banking on it, and from what we can see, it's a good investment.



In 1850 when United States Army soldiers erected a fort at the junction of the Des Moines River and Lizard Creek, few could possibly imagine what Fort Dodge would become. When George Ringland, Webb Vincent and Stillman Meservey formed the Fort Dodge Plaster Mills in 1872, one has to wonder what they envisioned the community to look like in 140 years. Could they

have seen that gypsum and limestone mining would continue to be major industries in Fort Dodge? Could they have predicted that drywall, trucking and veterinary pharmaceuticals would be large players? Could they, or anyone, have foreseen that meatpacking would rise and fall as a large industry in Fort Dodge?

With the announcement of Cargill purchasing the former Tate and Lyle facility and promising to bring approximately 110 jobs to Fort Dodge, more positive change also came about including CJ America locating next to Cargill and promising 180 new jobs. We are told even more good "change" could be announced soon.

Dennis Plautz, Kelly Halsted, Lisa Knigge, Jeannie Rossow, Tim O'Tool, John Taets, Tim Burns, Cindy Burke, Dan Kinney and Don Woodruff, among others, are leaders in this positive change, and we are pleased to tell their positive story and the optimism that is being created in Fort Dodge in our cover story this month.

Thanks for reading. ■

Shane Goodman
Publisher



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- Toss blueberries in cereal
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- Have a sweet potato with steamed broccoli

MODERATION IN PORTION SIZE

- Fill half your plate with vegetables and fruit, one-fourth with protein (meat, eggs, and beans) and the other fourth with grains (bread, pasta, etc.)

WATCH WHAT YOU DRINK

- Make water your drink of choice whenever possible
- To cover some of the food categories you could choose low fat milk, soy milk or orange juice
- Drink sugary juices, sodas and alcohol in moderation

BE REALISTIC

- Eat when you are hungry, try not to overeat and avoid junk food
- Allow yourself a treat once in awhile, even junky ones.

GET UP AND MOVE

- As little as 10 minutes of increased "heart-pumping" exercise a day is beneficial
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Kari Prescott
Director



Over the fence

GREATER FORT DODGE GROWTH ALLIANCE HELPING TO SHAPE A BRIGHT FUTURE FOR THE CITY

By Lori Berglund

Sometimes, to get “Over the Fence” you have to break down a few walls first.

Since its inception, the Greater Fort Dodge Growth Alliance has been doing just that — breaking down walls that had long separated a host of local agencies and bringing them together with a shared focus on building a stronger community for generations to come.

Get used to that “Over the Fence” catch phrase. Alliance leaders and the businesses they have already recruited to Fort Dodge are using it often as they seek to build on the organization’s first year and first round of success stories.

Top Story: Cargill purchases former Tate and Lyle facility, promising to bring approximately 110 jobs as an initial impact.

Following close on the heels of the Cargill announcement, South Korean company CJ Cheiljedang Corp., DBA CJ America, became the first “Over the Fence” company to locate next to Cargill, promising some 180 new jobs to pump a little muscle into the local economy.

Both Cargill and CJ America are on the fast track, set to be operational in October 2013.

And if that’s not a grand enough way for a new organization to celebrate its first year, it’s hard to say what more could have been expected.

“If you had asked us, back on Jan. 21 of 2011, where we would be, I don’t think any of us on the board would have said that all of these pieces would be in place,” says Tim O’Tool,



Photo by Lori Berglund

Tim O’Tool and Dennis Plautz plot a path for the future at the Greater Fort Dodge Growth Alliance.

president of the Alliance and vice president of C&S Products in Fort Dodge.

The Alliance, he notes, was incorporated in October 2010 and held its first official meeting on Jan. 21, 2011. Created as a merger of existing groups, including the Fort Dodge Chamber and Webster County Development, the new Greater Fort Dodge Growth Alliance is meant to be a one-stop organization to spur community development. Breaking down walls of separation, they hope to create a better Fort Dodge and Webster County for all.

“In many ways, all of us have to change our way of thinking, and in some ways we have to change the culture of economic and community development,” O’Tool says.

To say it’s been a hectic year is perhaps an understatement.

“The organization has come together, but quite frankly, it’s like starting a new business. We had to hire a CEO; we’re developing our organizational structure and organizational bylaws. We’re trying to take what was a vision a year ago and mold that into an action plan,” he says.

“In many ways, all of us have to change our way of thinking, and in some ways we have to change the culture of economic and community development.”

— Tim O’Tool

“There’s tremendous work being done.”

O’Tool, joined by fellow officers Vice President John Taets, Northwest Bank; Treasurer Tim Burns, Decker Truck Line; Secretary Cindy Burke, First American Bank; and at-large members Dan Kinney, Iowa Central Community College; and Don Woodruff, Woodruff Construction, chose a CEO who already knew Fort Dodge like the back of his hand. With some 36 years with the city of Fort Dodge, Dennis Plautz hit the ground running and keenly understood the goals and needs of the new organization.

“The value in merging these organizations together is to have one common strategic plan for the city and county. In doing so, we know what others are doing, and we can just simply be more efficient from a community-wide standpoint,” Plautz says.

Joining Plautz on the staff for the Alliance are Economic Development Director Kelly Halsted, Organizational Administrator Lisa Knigge and Executive Assistant Jeannie Rossow.

While he acknowledges some initial concerns from the varying organizations that they would be lost in the shuffle, those concerns have been answered and, in doing so, representatives from those different groups can see how their different skill sets can benefit one another.

“The Alliance is set up with three arms:

Economic Development, including recruitment and retention; Community Development, which is sort of what the Chamber would typically do in development, leadership programs, and working with retailers; and Marketing and Communication,” Plautz explains. “We want to better market what we’re doing and communicate what’s going on, both internally within the community and externally in the state of Iowa and beyond.”

The efforts, it’s clear to see, have been paying off with the announcements from Cargill and CJ America. While it was natural to view the backing out of Tate and Lyle as a setback for the community, the move may have been a stroke of serendipity for Fort Dodge, as the arrival of Cargill effectively spreads the eggs of local economic development into a greater number of baskets. While Tate and Lyle would have been the county’s third major ethanol plant, Cargill’s plans are quite different.

“The best of all worlds was for Cargill to end up with it,” Plautz says. “What they are doing with their business model really diversifies our economy, as opposed to having a third ethanol plant, all doing the same thing, and subject to the future of ethanol.”

Cargill’s focus will be on developing feedstocks that it in turn sells to “Over the Fence”

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companies located nearby in the Ag Industrial Park.

“Their whole goal is to take corn, refine it, and produce sugars that they then sell to other companies who take those sugars and add additional value to it,” he explains.

CJ America’s planned \$323 million plant is the first of several hoped-for Over the Fence companies making use of the feedstocks produced by Cargill.

Alliance leaders are already in “significant discussions” with a second prospective Over the Fence company. In all, and remember that the Alliance is barely a year old, about three to four additional companies have expressed an interest in locating here. Plautz sees potential for growth for Fort Dodge and beyond.

“There’s a company that we’re talking to that would be a partner with Cargill and revolutionize some of their food businesses,” he adds.

With a potential of 1,200 acres in the ag park, officials see potential for growth well beyond these initial announcements.

“I would expect you may see 2,000 jobs out there within the next 10 years,” Plautz says.

Even with Cargill and CJ America alone, the local economic impact will be dramatic.



Photo by Hoff Berglund

Alliance board member Greg Bemrich of Bemrich Electric sees the new group as a tool for growth.

Cargill, at its start-up, plans to grind 150,000 bushels of corn per day, requiring the annual yield of roughly 300,000 acres. If the increased demands adds just 20 cents to a bushel of corn, and projections are that it will be more, that’s a local impact of \$10.8 million in added income. Combined with the demand of existing ethanol plants in Webster County, that 20-cent boost in corn prices translates to \$35

million in added income.

And it’s only the beginning, and only one phase of the three arms of the Greater Fort Dodge Growth Alliance as a whole.

“We’re seeing change, but we have a long ways to go and there’s a lot more that needs to be done,” O’Tool adds.

At C&S, he credits the company’s success to its quality workforce, and notes that the Alliance will also focus on amenities to ensure a strong workforce for years to come. That focus on community amenities is something he hears often from officials at other primary sector companies.

“We wouldn’t be successful, we wouldn’t be here today, if wasn’t for our employees,” O’Tool adds.

Community support for the work of the Alliance has been critical — and gratifying.

Locally, a host of long-time business leaders quickly signed on in their support of the newly-formed Alliance. Bemrich Electric was founded in Fort Dodge in 1984 by the late Jim Bemrich, a graduate of the old Corpus Christi High School.

“In the ’80s you couldn’t buy a job,” recalls Greg Bemrich, who joined his father in the fledgling business two years later.

Today, Bemrich is a small business success

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At the Starlite, J.P. Mansfield, left, and Troy Ficken see the Alliance as forging a new frontier of growth for Fort Dodge.

story in its own right, employing up to 50 or 60 workers at its peak time. Greg Bemrich says he joined the Alliance as a board member because he sees it as a tool to help attract new business, and thus support existing business.

"I just want to see Fort Dodge do better," he says. "We want jobs

that help people live in a good way, so they can afford their own home.

"The Greater Fort Dodge Growth Alliance has constantly got people out looking for other companies, even if they're only 10 employees, or if they're up to 200 employees, they're out there trying to find more good jobs,"

Bemrich says.

Yet another local supporter of the Alliance is J.P. Mansfield, director of operations for Ackerman Investments, parent company for the Best Western Starlite Village in Fort Dodge. Founded in Fort Dodge in 1964, the Starlite has long been the preeminent destination for vacation and business travelers, and renovations in the last few years have positioned it to continue to grow along with the community.

Those renovations, as Mansfield describes, created a suite of executive-class rooms that better suit the needs of today's business travelers.

"We did a lot of executive-class rooms, more for management type people, engineers, architects, with extended size and additional amenities," he explains. "Starlite has a long history of serving ag suppliers, seed corn people, chemical people." With growth in the ag development park, they expect to see an even greater need for training space, conferences and the like.

A Montana native, Mansfield has enough pioneering spirit in him to see the mission of the Greater Fort Dodge Growth Alliance as one of forging ahead on a brave new frontier on behalf of the community as a whole.

"I look at the Alliance as kind of being like the trail blazers from the new frontier," Mansfield says. "They're charged with showing people how to get across the stream, even out the bumps, and make locating here as smooth as possible. Somebody coming from Minneapolis or Korea, they're trying to navigate the terrain here, and they need someone to show them where to cross the river — and that's what the Alliance is here to do."

In other words, the Alliance is here to lend a hand, tear down a few walls, and help the community of Fort Dodge and Webster County jump "Over the Fence" to a bright new frontier, and a bright new future. ■

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Beacon of Hope Thrift Store open to public

The Beacon of Hope Thrift Store is open to the public. Located on the third floor of the shelter (1021 First Ave. N.), it has men's clothing and shoes, etc. and will also offer women's and children's clothing. The staff is asking for donations of women's and children's clothing so that something for everyone can be offered. Donations can be dropped off at the Beacon at any time. There will be men there to assist donors. Clothing will be available at low prices. Entrance to the store can be made through the front door of the Beacon and up the stairs or through the elevator entrance. Take the elevator to the top floor. All proceeds from the sales go directly back into the ministries offered through the Beacon of Hope. To date, the Beacon of Hope has given shelter, food and clothing to more than 160 men during the last 12 months. Even beyond that, it has given hope and love to those same men.

In addition to needing women's and children's clothing, volunteers are needed to help out during the hours of operation. At this time, plans are to have the doors open on Thursdays from noon - 8 p.m. and on Fridays and Saturdays from 9 a.m. - 5 p.m. The store would like to have volunteers who can come in regularly for at least four hours a week. Available shifts would be Thursday, noon - 4 p.m. or 4 - 8 p.m.; Friday, 9 a.m. - 1 p.m. or 1 - 5 p.m. and Saturday, 9 a.m. - 1 p.m. or 1-5 p.m. Those who could fill in one or more of these shifts please contact Rachel, 515-408-1197 or by email at rbell206@gmail.com. Individuals or groups who can come in and help sort clothing during the week at their convenience are also needed. This is a great opportunity for church youth groups to get involved in service. Use the same contact info as above if interested. ■



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Portions are huge for the beef chimichanga, rice and refried beans at Tequilas.

Authentic flavor

Newly-opened Tequilas does Mexican right

By Lori Berglund

My dining companion and I ventured in to the newly-opened Tequilas to find a warm, family-style welcome on a cold winter's day recently.

It was a simple notation on the front of the menu that made us feel at home and provided a sense that we had truly located a "family" restaurant:

"The Rodriguez family is glad that you have joined us to experience the authentic flavor of Mexico. Every day we have the freshest ingredients, salsas and specialty items, all created in our own kitchen."

Just a simple little note to be sure, but it set the tone for our visit in a relaxing and friendly manner. We sipped on cold drinks and munched on warm tortilla chips dipped in salsa as we perused the menu looking for a few hot choices.

Tempted by the salads, enchiladas, and fajitas, I finally settled on a beef chimichanga, which even at noon came complete with a serving of rice and refried beans. Served on a steaming hot deep-dish platter, the servings were even bigger than they first looked. The rice was tender with just the right little kick, while the refried beans were moist and delicious.

The chimi itself came topped with a drizzle of warm sauce and

melted cheese over the flakiest soft tortilla shell I've ever had. Inside, the beef was tender and seasoned to perfection.

And, since we had just a little time to spare during the noon hour, we more than appreciated the speedy service for dishes that were made to order and came fresh and hot.

My dining companion enjoyed the Burrito Mexicano, stuffed with beef, rice and refried beans, and then topped off with sauce and melted cheese. With each of our dinners, we enjoyed a garnish of lettuce, tomatoes, guacamole and a generous dollop of sour cream, just for good measure.

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Now, while my dining companion of the day is always up for a little something different, I was glad to see some American basics on the menu as well. For the more traditional eaters in my life, Tequilas offers a real beef hamburger and french fries sure to please.

As for me, I'm sticking to the true tastes of Mexico that Tequilas brings to life in an authentic fashion. ■



The Good Shepherd Lutheran Church focuses many of its events around children and families in the community. Join them for Family Night on the Frontier on Feb. 26.

Family time is fun time

Good Shepherd Lutheran to host Feb. 26 event

By Lucas McMillan

On Sunday, Feb. 26, **Good Shepherd Lutheran Church**, 1436 21st Ave. N., will host "Family Night on the Frontier," an evening that will include food, music and a chance to meet one of Fort Dodge's early heroes.

Help is still needed on the set-up, food, decorating and clean-up committees. If you would like to help, contact Barb at 576-0070.

Spread the Word

Have an upcoming event or church news you would like to announce? Send information to darren@dmcityview.com.

The church also is sponsoring a mission project to make blankets for babies at the YWCA. The cost of the materials runs between \$15 and \$20 per blanket, plus labor. Donations toward the costs are welcome, with excess monies going toward other infant supplies.

Community Christian Preschool registration is now open for the 2012 - 13 school year at **First Evangelical Free Church**, 3058 10th Ave. N. The cost is

\$70 a month for 3-year-olds, and is held on Tuesday and Thursday mornings. The preschool is free for 4-year-olds and is held on Monday, Wednesday and Friday mornings, or Monday, Tuesday, Thursday and Friday afternoons. Registration is available in the school office or online at www.ccsfd.org.

At **First United Methodist Church**, 127 N. 10th St., Wesley Ringers is in need of some substitute bell ringers. The ability to read music is required, but knowledge of bell-ringing is not needed. Anyone interested in learning this fun and unique skill and putting it to use during worship should contact Shelley Ellerston at 573-5388 or by email at ellermus@frontiernet.com.

St. Mark's Episcopal Church, 1007 First Ave. S., is hosting a pancake dinner on Feb. 21, the night before Ash Wednesday, from 5:30 - 7:30 p.m. The event is open to the public.

New Covenant Christian Church, 3318 Fifth Ave. S., will be serving meals at the Beacon of Hope men's homeless shelter on the second and fourth Thursdays of each month. Anyone who would like to help out, should contact Steve Garrison at 570-4006. ■

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Traditional or Roth IRA?

Save for retirement and gain tax privileges

By Luke Brandel, KHI

An IRA (Individual Retirement Account) gives you the opportunity to save for retirement and receive special tax privileges.

You and your spouse are eligible to contribute to an IRA even if you are enrolled in your employer's workplace plan. There are two main types of IRAs — traditional and Roth — each with its own rules and benefits. Let's take a look at these two types of IRAs.

A traditional IRA is the most common type of IRA and can be opened by anyone who earns income through employment and is younger than age 70 ½. Contributions are tax-deductible, which reduce the amount of tax you have to pay but does not eliminate it. You are basically deferring your tax until you make withdrawals in the future. You are eligible to begin taking minimum distributions once you turn 59 ½ and are required once you are 70 ½ years old. Early withdrawals from a traditional IRA are usually subject to income tax plus a penalty.

Roth IRA contributions are made with after-tax income, so you will not owe taxes when you withdraw them under our current laws. Roth IRA's offer you the benefit of tax-exempt growth, meaning your accumulated earnings generated on the assets in your Roth IRA will not be taxed, provided you meet certain conditions. Also, there is no minimum distributions at the age of 70 ½.

No matter if you choose a traditional or a Roth IRA, you will



have a wide range of investment choices to pick from.

Investing in an IRA can help you move toward your retirement goals. For more information about investing in an IRA, contact your financial professional.

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For traditional IRA's: Any withdrawals prior to age 59 ½, a 10 percent federal tax penalty may apply to the taxable amount. Contributions may be tax deductible depending on income limits.

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Information supplied by Luke Brandel, KHI Financial Solutions, 130 N. 25th St., 576-1800, www.khisolutions.com.

French silk pie

Luscious dessert is easy to make

By Beth McDonald

One of my favorite pies is French silk pie, a creamy, chocolate creation.

It is perfect when it is served really cold, topped with real whipped cream. This simple and delicious pie is a great way to satisfy my chocolate cravings. It has that chocolate mousse texture, and when you add that to the crunch of a crust and the smoothness of the whipped cream, it is the perfect combination.



Once you look at this recipe, you will see that there is no need to go order this pie from your local pie shop. With that said, this recipe does come with a warning; it contains raw eggs. It is recommended that pregnant women, young children and elderly should not consume raw eggs. You can use pasteurized eggs such as Egg Beaters, and they are quite easy to find in the store. If you are concerned about the raw eggs,

you can find variations to this recipe that don't have eggs. However, I just don't think the pie is the same.

You can also make variations with this pie by adding some instant coffee to get the mocha flavor, or you could also try adding peanut butter. However, this is one pie that I stick to the traditional version, so I don't typically make any variations. ■

French silk pie

Ingredients

1 cup sugar
 ¾ cup of butter (has to be real butter)
 3 squares (3 oz.) of unsweetened chocolate, melted and cooled
 1 ½ teaspoons of vanilla
 3 eggs
 1 9-inch pie crust
 (Bake the pie crust first and let it cool)
 Whipped cream

Directions

1. In a small bowl, cream sugar and butter until fluffy. (About 4 minutes). Stir in cooled chocolate and vanilla.
2. Add the eggs one at a time and beat until mixture is stiff. After each addition scrape the sides of the bowl and continue to mix. Turn into the pie crust and let set for several hours or overnight.
3. Top with whipped cream.

Beth McDonald is a wife, mother and works full time in Des Moines.



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Duane Amhof, Ann Lennox and Gary Moore were in the booth for Wells Fargo at the Entrepreneur Expo held at Iowa Central on Jan. 24.



Michael Scacci and John Taets were in the booth for Northwest Federal at the Entrepreneur Expo held at Iowa Central on Jan. 24.



Ambassadors Earlene Nordstrum and Mary Gonnerman hold the ribbon with Manager Toni Henderson, right, and assistant Sydney Miller, left, at the ribbon cutting for Shoe Sensations held on Jan. 12.

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Photo by Lori Berglund

Curt Bacon, with his current Harley, says he's loved motorcycles all his life.

Laid back and relaxed

Motorcycles and cars keep Curt Bacon happy

By Lori Berglund

It's just about impossible for Curt Bacon to remember a time when he didn't have a motorcycle and he wasn't into working on cars.

His generation, Bacon recalls, didn't need Twitter accounts or video games; they had two wheels, an engine, and they knew where to ride to have a little fun.

"I grew up in a really good era. Back when we grew up in the 1960s and '70s, things were so much simpler, compared to how things are now with all the technology," Bacon says.

Bacon caught his love of cycles from his father, Ed Bacon.

"My dad used to race motorcycles when he was a young man," Bacon recalls. "I raced for years and years; must be competitiveness in the blood."

Growing up in Fort Dodge, Bacon worked at a Honda shop and hung out with friends on cycles whenever he could. He moved to Wyoming for a year-and-a-half after high school, racing at different tracks in Wyoming and Salt Lake City, Utah. Moving back to Iowa, he kept on racing at tracks

around the state and eventually used his love of working on cars to open his own business, Curt Bacon Body Shop.

"I got into this because I just loved to tinker with cars when I was a kid," Bacon recalls. "I enjoyed fixing them up and making hot rods out of them."

Bacon puts a premium on hands-on education.

"You can go to school in any profession and learn the basics of it, but having the hands on is the true test of it," he says.

Bacon still loves his cycles, too. His latest is a Harley Davidson he purchased about two years ago. He and his wife have enjoyed a few road trips on the Harley, including a long trip out to Red Lodge, Mont.

For a trip to Sturgis, S. D., they skipped the interstate and enjoyed the scenery of some quiet secondary roads.

"On the back roads, you see stuff you wouldn't necessarily see any more. You go through towns that you wouldn't normally go through," he explains. "It's a lot more laid back and relaxed." ■

Contact Darren at 515-953-4822 ext. 304 or darren@dmcityview.com to recommend someone for an upcoming issue of "What's In Your Garage?"



Linda Mitchell, Marilyn Biggins and Kristi Ellis at Good Morning Fort Dodge held at the Corpus Christi Parish Center on for a program about the Fort Dodge schools Jan. 10.



Ashton Neman and Dave Keane at Good Morning Fort Dodge held at the Corpus Christi Parish Center for a program about the Fort Dodge schools on Jan. 10.

tech

When to repair, when to replace computer

This can be a tough choice to make sometimes. My best advice would be to check with a trusted professional and get an opinion. Remember, this is only an opinion, and the information given should help you decide.



Physical condition of the computer is the most important. As long as the equipment is in reasonable condition, we have something to work with. If not, then good money is going to a bad situation. Once you determine the computer is solid, the age of the computer will also play a factor in whether or not parts are even available.

The second most important question is, "Does the computer meet your needs when it is working properly?" If you and others using the computer are disappointed in the performance of the machine and have been waiting for an excuse to replace it, then now is the time. If it works fine, don't mess with it.

Last and certainly not least, how much is the repair going to cost? If a used computer is faster and better and will cost less than the repair, then choosing to replace it with a new or used computer is best. ■

Information provided by Joe Gilbert, owner of Little Joe's Computers, 1000 Central Ave., Fort Dodge. For more information call 515-955-4424.

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Friday, Feb. 10

- Valentine's Steak Dinner, Eagle's Landing, 1018 First Ave. N., 2nd Floor, \$15, 6 p.m.
- FD 10/V boys BB at Ames, 4:45 p.m.
- FD JV/V girls BB at Ames, 4:45 p.m.

Saturday, Feb. 11

- Sister Saturday, Downtown Fort Dodge shopping event in conjunction with Heart Association month, 10 a.m. - 4 p.m.
- Kids Saturday Morning at the Blanden Art Museum, ages 9 and up, \$25 - \$30, 10 a.m. - noon
- Recreation Basketball League, grades 1 - 4, Phillips MS, 8 a.m. - 1 p.m.
- Jeremy Ober performs, The Brickyard, 9 p.m.
- Colin Raye performs, Wild Rose Casino, Emmetsburg, 7 p.m.
- FD 9/10/V boys BB at Webster City, 2 p.m.

Monday, Feb. 13

- Fort Dodge City Council meeting, City Hall, 819 First Ave. S., 6 p.m.
- Women's Volleyball League, Phillips MS, 7 - 10 p.m.
- FD 8 boys BB at Marshalltown, 4:30 p.m.
- FD JV boys BB vs. Valley, 7 p.m.
- FD Athletic Booster Club meeting, 6:30 p.m.
- FD Winter Concert, 7 p.m.

Tuesday, Feb. 14

- Valentine's Day
- Free blood pressure screen, Crossroads Mall, 8 - 9:30 a.m.
- Daybreak Rotary, ICCG Fitness Center, S.W. meeting room, 6:45 a.m.
- Tot Spot, Friendship Haven, 420 Kenyon Road, 9 - 11 a.m.
- "ah" Masters Toastmasters Club

meeting, ICCG, Science & Technology Building, Room 107, 7 - 9 p.m.

- Volleyball Fundamentals Clinic, Butler Elementary, 6:30 - 7:30 p.m.
- Employer's Network, "Behavioral Interviewing," Tillie's Quilts, noon - 1:30 p.m.
- FD 7 boys BB vs. Marshalltown, 4:30 p.m.



Wednesday, Feb. 15

- Fort Dodge Civitan Club meeting, Zakeers Restaurant, 425 Second Ave. S., 7 a.m.
- Preschool Storytime, Fort Dodge Public Library, 10 a.m.
- Varsity girls BB regional tournament at Boone, 7 p.m.

Thursday, Feb. 16

- Preschool Storytime, Fort Dodge Public Library, 11 a.m. and 2 p.m.
- Network at Noon: "How Not to be Afraid to Speak in Public," Tea Thyme, 11:45 a.m. - 1 p.m.
- Living Healthy in an Unhealthy World, Fort Dodge Senior High Auditorium, free, 6 p.m.
- Varsity state wrestling tournament at Wells Fargo Arena, DM
- FD 8 boys BB vs. Ankeny, 4:30 p.m.
- FD 7 boys BB at Johnston, 4:30 p.m.

Friday, Feb. 17

- Varsity state wrestling tournament at Wells Fargo Arena, DM
- Rock the River w/live DJ, Brenton Skating Plaza, 8 p.m.
- FD 9/10/V boys BB vs. Roosevelt, 4:45 p.m.

Saturday, Feb. 18

- New Exhibition opening, First Donations: Permanent Collection, Blanden Art Museum
- Recreation Basketball League, grades 1 - 4, Phillips MS, 8 a.m. - 1 p.m.
- United All Stars Cheerleading, "Cheer for Good Health," 1142 14th St. S.W., 11 a.m. - 4 p.m.
- Varsity state wrestling tournament at Wells Fargo Arena, DM
- Boys Youth Basketball Tournament, Main gym, 8 a.m.
- Varsity girls BB regional tournament

Sunday, Feb. 19

- Karl King Band Concert, ICCG Decker Auditorium, 3:30 - 5 p.m.
- Suicide Prevention Group, 214 S. 13th St., 1 - 3 p.m.

Monday, Feb. 20

- President's Day
- Fort Dodge Schools no classes

Tuesday, Feb. 21

- Free blood pressure screen, Crossroads Mall, 8 - 9:30 a.m.
- Daybreak Rotary, ICCG Fitness Center, S.W. meeting room, 6:45 a.m.
- Tot Spot, Friendship Haven, 420 Kenyon Road, 9 - 11 a.m.
- "ah" Masters Toastmasters Club meeting, ICCG, Science & Technology Building, Room 107, 7 - 9 p.m.
- Volleyball Fundamentals Clinic,

Butler Elementary, 6:30 - 7:30 p.m.

- SE JV WR at Perry
- FD 8 boys BB vs. Ames, 4:30 p.m.
- Varsity girls BB regional final

Wednesday, Feb. 22

- Ash Wednesday
- Fort Dodge Civitan Club meeting, Zakeers Restaurant, 425 Second Ave. S., 7 a.m.
- Preschool Storytime, Fort Dodge Public Library, 10 a.m.



Thursday, Feb. 23

- Fort Dodge Schools dismiss early
- Fort Dodge School parent-teacher conferences
- Preschool Storytime, Fort Dodge Public Library, 11 a.m. and 2 p.m.
- Elevate meeting, a foster teen support/advocacy group, Children and Families of Iowa (CFI), 111 Ave. O West, 5:30 - 7:30 p.m.
- FD 7 boys BB vs. Johnston, 4:30 p.m.

Friday, Feb. 24

- Daddy-Daughter Dance, Citizen Central, 6:30 - 9 p.m.

Saturday, Feb. 25

- Kids Saturday Morning at the Blanden Art Museum, ages 9 and up, \$25 - \$30, 10 a.m. - noon

- Daddy-Daughter Dance, Citizen Central, 6:30 - 9 p.m.
- Annual Indoor Tri, Fort Dodge Rec Center, 8 a.m.

Sunday, Feb. 26

- Fort Dodge Choral Society presents Alzheimer's Stories, St. Paul Lutheran Church, 400 S. 13th St., 3 p.m.
- "A Cowboy Event," with Bill Tilghman, cowboy supper for freewill offering, proceeds benefit Beacon of Hope, Good Shepherd Lutheran Church, 4:30 p.m.

Monday, Feb. 27

- Fort Dodge City Council meeting, City Hall, 819 First Ave. S., 6 p.m.
- DECA State Competition at DM

Tuesday, Feb. 28

- Free blood pressure screen, Crossroads Mall, 8 - 9:30 a.m.
- Daybreak Rotary, ICCC Fitness Center, S.W. meeting room, 6:45 a.m.
- Tot Spot, Friendship Haven, 420 Kenyon Road, 9 - 11 a.m.
- "ah" Masters Toastmasters Club meeting, ICCC, Science & Technology Building, Room 107, 7 - 9 p.m.
- Volleyball Fundamentals Clinic, Butler Elementary, 6:30 - 7:30 p.m.
- DECA State Competition at DM

Wednesday, Feb. 29

- Leap Day
- Fort Dodge Civitan Club meeting, Zakeers Restaurant, 425 Second Ave. S., 7 a.m.
- Varsity girls BB state tournament at Wells Fargo Arena, DM



Friday, March 2

- Read Across America Day
- Varsity girls BB state tournament at Wells Fargo Arena, DM

Saturday, March 3

- Youth Co-ed Volleyball League, Phillips MS, 8 a.m. - 1 p.m.
- American Heart Association Sweetheart Gala "Stayin' Alive," Fort Dodge Country Club, call for reservations 576-7394, 6 p.m.

- Varsity girls BB state tournament at Wells Fargo Arena, DM

Sunday, March 4

- Fort Dodge Symphony Concert, Phillips MS Auditorium, 3 - 5 p.m.

Monday, March 5

- Adult Co-ed Volleyball League, Phillips MS, 6 - 9 p.m.

Tuesday, March 6

- Free blood pressure screen, Crossroads Mall, 8 - 9:30 a.m.
- Daybreak Rotary, ICCC Fitness Center, S.W. meeting room, 6:45 a.m.
- Tot Spot, Friendship Haven, 420 Kenyon Road, 9 - 11 a.m.
- "ah" Masters Toastmasters Club meeting, ICCC, Science & Technology Building, Room 107, 7 - 9 p.m.

Wednesday, March 7

- Fort Dodge Civitan Club meeting, Zakeers Restaurant, 425 Second Ave. S., 7 a.m.
- Fort Dodge Schools dismiss early

Thursday, March 8

- Elevate meeting, a foster teen

support/advocacy group, Children and Families of Iowa (CFI), 111 Ave. O West, 5:30 - 7:30 p.m.

- "Bride of Brackenlock," Dinner Theatre, Hawkeye Community Theatre, 6 p.m.
- Fort Dodge public information meeting, GNT Little Theater, 5 p.m.



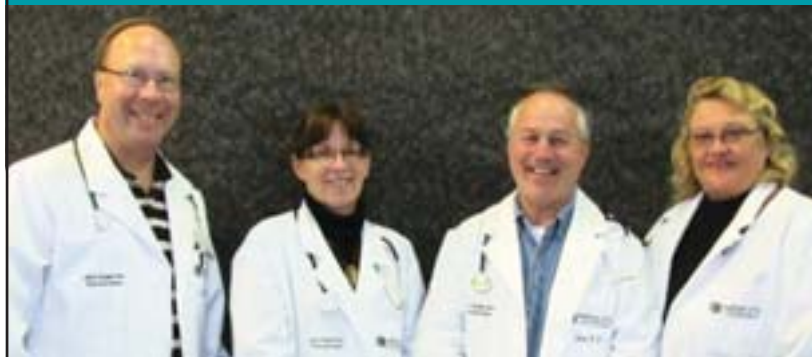
Friday, March 9

- "Bride of Brackenlock," Dinner Theatre, Hawkeye Community Theatre, 6 p.m.
- Sunshine Singers Concert, ICCC Decker Auditorium, 7 p.m.
- Perspectives in Jazz, GNT Little Theater, 7 p.m.

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Submit calendar items for your school, church, business, organization or family to darren@dmcityview.com.

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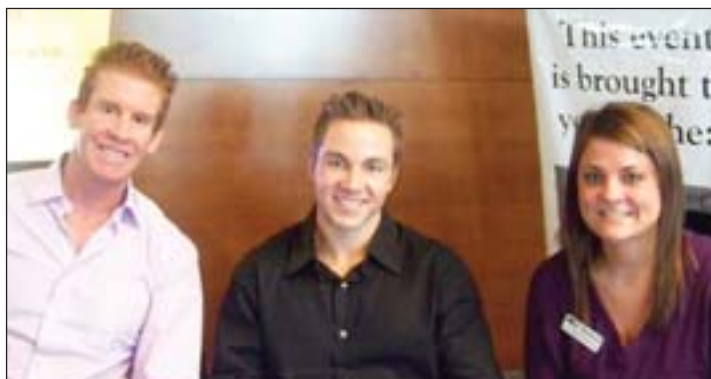
Donette Klepsteen and Ronda Barry at Network at Noon at Fort Dodge Ford/Toyota's conference room on Jan. 19.



Joe Gilbert prepares to cut the ribbon on Little Joe's Computer's new location on Jan. 17.



GFDGA Ambassador Anita Patterson Burr presents a plaque to owner Joe Gilbert during the ribbon on Little Joe's Computer's new location on Jan. 17.



Jared Smith, Tom Richardson and Ashley O'Brien were in a booth for the Young Professionals at the Entrepreneur Expo held at Iowa Central on Jan. 24.

Meet Cory Naughton

Teaching and coaching go hand in hand

By Lori Berglund

The venues may be entirely different, and the goals not always compatible, but to Cory Naughton teaching and coaching go hand in hand.

The veteran teacher of English and language arts at St. Edmond's Middle School is as home on an athletic field as he is at the head of the class.

"I've always been told that good teachers coach kids in the classroom, and coaching outside the classroom kind of helps keep that whole idea sharp," Naughton says.

Certainly, with his schedule, Naughton has plenty of time to sharpen his coaching skills. In his 20 years at St. Edmond's, he's coached everything from wrestling to middle school boys' track, high school girls' track, middle school football, and he currently serves as an assistant high school football coach.

"It's a lot of long days," Naughton admits of his coaching duties, but he leaves little doubt that it's all worthwhile.

Coaching, he explains, allows both teachers and students to get to know each other on a different level. It's more casual but can be every bit as intense. He also sees sports as a way to develop leadership abilities for the future.

"I hope they get a sense of camaraderie, a sense of teamwork, and of working together to accomplish a goal," Naughton says of his student athletes.



Photos by Lori Berglund

Cory Naughton is a busy teacher and coach at St. Edmond's Catholic School.

A Carroll native and 1987 graduate of Carroll Kueper High School, Naughton earned his bachelor's degree in English and language arts, with K-12 coaching endorsement, from the University of Northern Iowa. Having student-taught at both the high school and middle school levels, he found that he really enjoyed the characteristics of the younger kids.

"It's a roller coaster of emotions every day," Naughton says. "One day they can be up and they're the happiest people in the world, and then all of a sudden they're quiet."

The middle school years are a time of transition from childhood to adulthood, and Naughton enjoys seeing the kids progress through those sometimes difficult changes.

"A lot of them act very mature," he says. "They want to act like adults, and then they still like to act like kids."


As for St. Edmond's' he proud of the students, and proud of the faculty as well.

"The students are top-notch," he says. "And we have a devoted staff." ■


What do you like best about Mr. Naughton?



Madi Reel:
"He always makes jokes in class."



Nick Johnson:
"He's very kind, funny and understanding."



Mackenzie Scacci:
"He's awesome."



Mike Mulrone and Molly Johnson at Good Morning Fort Dodge at the Corpus Christi Parish Center for a program about Fort Dodge schools on Jan. 10.



Kelly FitzGibbon and Tanya Martinson at Good Morning Fort Dodge at the Corpus Christi Parish Center for a program about Fort Dodge schools on Jan. 10.



Sarah Clark and Matt Johnson at Good Morning Fort Dodge at the Corpus Christi Parish Center for a program about Fort Dodge schools on Jan. 10.



Jim Seward and Doreen Coppinger at Good Morning Fort Dodge at the Corpus Christi Parish Center for a program about Fort Dodge schools on Jan. 10.



Doug Van Zyl and Shane Albrecht at Good Morning Fort Dodge at the Corpus Christi Parish Center for a program about Fort Dodge schools on Jan. 10.



Dr. Tim Barry was a presenter at Good Morning Fort Dodge held at the Corpus Christi Parish Center with information on St. Edmond's School on Jan. 10.



Dave Keane was a presenter at Good Morning Fort Dodge held at the Corpus Christi Parish Center with information on Fort Dodge Schools on Jan. 10.



Kristi Ellis was a presenter at Good Morning Fort Dodge held at the Corpus Christi Parish Center with information on Community Christian School on Jan. 10.



Gene Sommerfeld a presenter at Good Morning Fort Dodge at the Corpus Christi Parish Center with information on St Paul Lutheran School on Jan. 10.



Dawn Larson and Gene Sommerfeld at Good Morning Fort Dodge at the Corpus Christi Parish Center for a program about Fort Dodge schools on Jan. 10.



Shirley Wolf and Amanda Voiska at Network at Noon at Fort Dodge Ford/Toyota's conference room on Jan. 19



Lashawn Herrington and Tony Herrington at Network at Noon at Fort Dodge Ford/Toyota's conference room on Jan. 19.



Sue Wood, Matt Wagner and Lis Ristau at Good Morning Fort Dodge held at the Corpus Christi Parish center for a program about the Fort Dodge schools on Jan. 10.



Angie Tracy and Ashley O'Brien at Network at Noon at Fort Dodge Ford/Toyota's conference room on Jan. 19.



Terry Cook was the featured speaker on hypnotherapy, and Cheryl O'Hern was the emcee for Network at Noon on Jan. 19.



Barb Huisman and Mary Wilson at Network at Noon at Fort Dodge Ford/Toyota's conference room on Jan. 19.

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